

Sleep enthusiast

A train where you hold a pole between your legs

I often go back to sleep two or three times.

I frequently sleep for more than 12 hours,
and usually sleep for about 10 hours.

This happens naturally as a rest from various physically and mentally hard work during the day.

If I go back to sleep two or three times, I definitely dream.

*Things I had forgotten

(things from the past that I wouldn't think of while I'm awake, or things I newly realize)

Yesterday, in the large, crowded space of the station,

I knew from the start that it was Uehonmachi,
and I was looking for the Saikyo Line platform.

Uehonmachi... is one of the main stations of the Osaka Kintetsu line,
but the Saikyo Line is a train line for Tokyo and Saitama.

In short, it was a dream where Osaka and Tokyo overlapped, based on old memories.

Also, for some reason, I don't know if it was an express or rapid train, but there were many trains that passed through Uehonmachi without stopping,
and as they passed through... there was an announcement from inside the packed train.

I finally found the Saikyo Line platform and boarded the train, but for some reason, the train was designed so that passengers had to hold the pole (the metal part that standing passengers hold onto) between their legs, which I didn't think was particularly unusual in my dream.

As I was about to sit down after getting on the train, I heard an announcement on the train saying, "A sexy girl has boarded the train." The dream lasted only a few minutes in terms of my waking hours, but in the dream it felt like an hour-long, realistic movie.

By the way, yesterday

I went by bicycle from my home (Kita-ku Kita 11-jo Nishi 3-chome) to Kita-ku Shinoro 9-jo 6-chome for an errand, but for some reason I got off my bike halfway and fell on my bottom, putting my hands down. Maybe it's because my bottom has gotten bigger...

Also, the tire was flat, so a lot of lactic acid built up in my leg muscles.

I thought it was almost impossible for me to fall, given my usual balance exercises, but yesterday the wind was strong, so maybe I was blown over by the wind.